

THE STATE OF THE ESTATE

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Pi Day



For the past five and a half years, Eva and I have been involved in a mother-daughter membership organization called National Charity League (NCL). The mission is “to foster the mother-daughter relationship in a philanthropic organization devoted to community service, cultural activities, and leadership development.” Eva and I are proud to be founding members of the Temecula Valley Chapter, which formed in 2013. Eva’s class of 19 girls is the first group to complete the entire six-year program.

The girls donated hours of hands-on volunteer time, participated as leaders, and as mothers and daughters, we attended many cultural events together. For their senior project, Eva’s class raised money and also wrote and won a grant, which they used to stuff hundreds of backpacks with school supplies to donate to needy local children through Michelle’s Place and Hope’s Community Closet.

Eva and I have shared many wonderful and meaningful experiences through our time in NCL, but Scott gets to share in what I think is the most fun activity of all: father-daughter dance lessons!

The six-year program culminates in Senior Recognition, a traditional event where the experiences and contributions of the graduating seniors are highlighted. The girls wear floor-length white gowns. (Think of it as a modern, updated take on a debutante ball.) During the evening’s program, the girls share a dance with their fathers, and Eva’s class has been taking father-daughter dance lessons to prepare for the big night.

The instructor created a fast-paced dance that starts with a Viennese waltz, then transitions into a merengue. The Viennese waltz is very spinny and after half an hour of practice, all of the dads and many of the girls were a little bit seasick. Luckily the instructor was able to modify the choreography so there aren’t quite to many spins (whew!) and the dads are focusing on getting the steps right.

The waltz is very formal, and in watching the practice, when when the merengue music starts, hips start shaking and feet are tapping. Most of the dads put their own style twist on the merengue and it’s clear they are having a lot of fun dancing with their daughters.

Scott and Eva have one more dance lesson, a few more at-home practice sessions, then it will be time for Eva to put on the white dress and Scott to slip into a tuxedo for the event!



Garden Markers for Spring

These easy and super cool looking printable garden markers will add a personal flare to any garden. You can print these or draw your own!

Here is what you need:

- Modge Podge – gloss or matte will work. Found mine at The Dollar Tree.
- Scissors
- Twine – Found mine at the Dollar Tree.
- Sticks – Find sticks and cut them the length that is most useful to you. You want them at least 3/4 – 1 inch around.
- 1-3 Glass Gems Bags, found mine at the Dollar Tree. They need to be medium sized.
- E6000, to glue the glass gems onto the wood. It is capable of gluing glass, and wood together.
- Small Sponge Brush – Found mine at the Dollar Tree.
- Glue Gun – Glue Sticks – Found mine at the dollar Tree.



Garden Marker Printables: [Here is the link to get those or you can draw your own!](#)

Irish Potato Bites



Lots of us enjoy Corned Beef and Cabbage as a St. Patrick's Day holiday staple! Extra corned beef is perfect for making an easy St. Patrick's Day appetizer of Irish Potato Bites.

So here is what you need:

- Melon Baller – This is perfect for scooping out the potatoes but if you don't have one you can also use a teaspoon.
- Silicone Mat – Hate doing dishes as much as I do? Line your baking sheet with this and nothing will stick!
- Baking Sheet – Place your Irish Potato Bites on this baking sheet and you're just a few minutes away from a delicious appetizer.

- Start by boiling small red potatoes until they are fork tender. Don't overcook them because you want them to be able to hold up to being cut open and stuffed. When the potatoes are cooked and have had time to cool cut them in half and scoop out the middle. Save the scooped-out potato in a small bowl for later. Cut a thin slice off the bottom of the potato (making sure not to go into the hollow part) to give it a flat bottom to sit on.
- Once all of the potato halves are scooped out take that bowl of saved potato centers and add to it 1/4 cup cheddar cheese, 1/2 cup of diced corned beef, and 1 tablespoon of melted butter. Press the mixture into each potato half and then place them on a baking sheet and pop them in a 400°F oven for 10 minutes.

[Get all the details for this recipe here!](#)

Coconut Protein Cookies

This recipe is a slightly modified version from Megan Kelly. She has an incredible blog and is a Licensed Esthetician specializing in holistic nutrition, woman's hormones, and spiritual health.

Ingredients

- 1.5 cups of shredded coconut flakes
- ½ cup of sunflower seeds
- ½ cup of high-quality protein powder
- 1/4 cup of honey
- 1 teaspoon of vanilla
- 1 teaspoon of cinnamon
- 2 tablespoons of coconut oil
- 1/8 cup of water

Instructions

- Preheat oven to 300 degrees F.
- Roughly chop sunflower seeds or other nuts you may wish to use in the blender until broken up into chunks.
- Place all ingredients into a bowl and stir together, if you notice that it is too crumbly than try adding in another tablespoon of coconut oil and possibly more water.
- Scoop cookies onto a cookie tray.
- Gently press the cookies down to flatten.
- Makes about 18 cookies.
- Bake for about 15 minutes.

Additional Notes:

- Can use 2 cups coconut shreds if you do not have/want sunflower seeds.
- Can use any other kind of nut or seed
- You can use any flavored or unflavored protein powder to change up the flavor.
- You can put the coconut whipped cream recipe in between to make an incredible coco nut cookie sandwich!



[CLICK HERE FOR THE FULL RECIPE!](#)

Duress and Menace

Do you believe your loved one's will does not accurately reflect their wishes? If so, it is worth further investigating to determine whether or not to contest the will. You can challenge a will on many grounds. Examples include undue influence, lack of mental capacity, fraud, and duress or menace.

What Is Duress? Under California law, a will can be invalidated if it was written and executed while the testator was under duress. State law defines duress as one of the following:

- The person, or the person's spouse, ancestor, descendant, or adopted child was unlawfully confined
- The person's property was unlawfully detained
- The person was confined through legal means
- The confinement was a result of fraud, harassment, or oppression
- A person is under duress feels forced to execute a will containing provisions that the person would otherwise not wish to include in the document. As a result, the loved ones of the testator may seek to have the will invalidated on grounds that it was accomplished as a result of duress.

What Is Menace? Similarly, if the testator was a victim of menace while the will was drafted and executed, the will can be challenged. Menace occurs when the person creating the will was under threat of:

- Duress
- Unlawful and violent injury to himself or his property
- Injury to his character
- If you successfully demonstrate that duress or menace was involved in the execution of your loved one's will, you may succeed in having it invalidated.
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This process is not easy without an experienced attorney in your corner. We have helped many previous clients invalidate wills or trusts, and we can help you as well. We encourage you to learn more by checking out our client testimonials today.



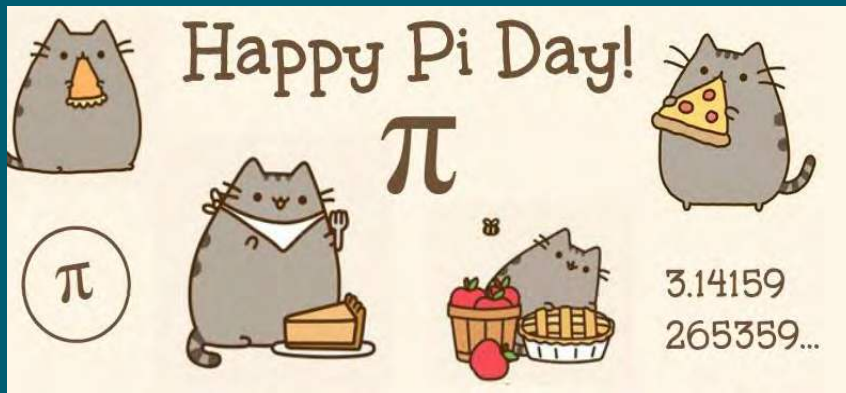
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Happy
Saint Patrick's
Day

This newsletter is intended to educate the general public about probate, trusts, wills, and other issues. It is for information purposes only and should not be construed as legal advice. Prior to acting on any information contained in this publication, you should consult with experienced, competent counsel regarding your specific situation

Pi Day 3/14/19



WHAT IS PI DAY? WHY IS IT CELEBRATED?
ISN'T IT SOME KIND OF WEIRD MATH NERD
HOLIDAY?

Pi Day is an annual celebration of the mathematical constant π (pi). Pi Day is observed on March 14 (3/14 in the month/day format) since 3, 1, and 4 are the first three significant digits of π .

Celebrating Pi Day is relatively new, it started in 1988 at the Exploratorium in San Francisco by Larry Shaw.

You may be wondering how to celebrate Pi Day? Well it is really simple and fun. Pi Day has been observed in many ways, including eating pie, throwing pies and discussing the significance of the number π , due to a pun based on the words “pi” and “pie” being homophones in English, and the coincidental circular nature of a pie.

MIT has often mailed its application decision letters to prospective students for delivery on Pi Day. Starting in 2012, MIT has announced it will post those decisions (privately) online on Pi Day at exactly 6:28 pm, which they have called “Tau Time”, to honor the rival numbers pi and tau equally.

Princeton, New Jersey, hosts numerous events in a combined celebration of Pi Day and Albert Einstein’s birthday, which is also March 14. Einstein lived in Princeton for more than twenty years while working at the Institute for Advanced Study. In addition to pie eating and recitation contests, there is an annual Einstein look-alike contest.

At our house, we just use it as an excuse to have pie and ice cream for desert and a few funny math games! Happy Pi Day!